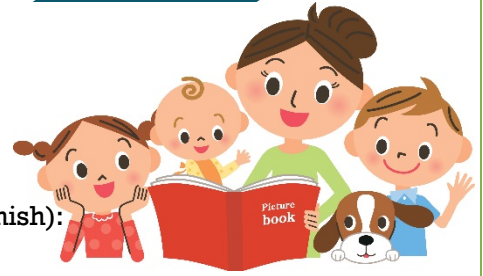


# RESOURCES, ACTIVITIES, AND TIPS

Use this list of free resources and tools to foster curiosity, grow, and engage with your children at home. These resources provide information and activities to develop *speech* and *language* within the home.



## PARENT RESOURCES

- Parent Resources for Children with Disabilities (also available in Spanish): <https://www.parentcenterhub.org/>
- Early Intervention: <https://www.asha.org/PRPSpecificTopic.aspx?folderid=8589943999&section=Resources>
- Speech: <https://www.asha.org/public/speech/development/suggestions/>
- Social Skills: <https://education.byu.edu/buildingsocialskills>
- Autism/ Language: <https://www.nationalautismcenter.org/resources/for-families/>
- Speech and Language: <https://www.speechandlanguagekids.com/resources-for-parentscaretakers-of-children-with-speech-and-language-delays/>
- Feeding: <https://www.gosh.nhs.uk/conditions-and-treatments/procedures-and-treatments/mealtime-strategies-and-food-exploration>
- Hearing Loss: <http://www.lslife.com/>
- Fluency: <https://www.stutteringhelp.org/>
- Voice: <https://voicefoundation.org/health-science/voice-disorders/voice-disorders/>

## ACTIVITES

- AAC: FREE 2 month access to AAC Language Lab by PRC: <https://aaclanguagelab.com/#subscribe>
- AAC: Daily AAC Language Lab activities hosted by Jane Odom on Facebook live at 1 p.m. EST: found on the PRC Facebook page.
- Language: <https://www.speechandlanguagekids.com/expressive-language-delay-resource-page/>
- Language: <https://www.speechandlanguagekids.com/receptive-language-delay/>
- Speech Sound: <https://www.speechandlanguagekids.com/speech-sound-resource-page/>
- Deaf and Hearing Loss: <https://cid.edu/2016/11/28/five-language-activities-children-hearing-loss-age-language-level/>
- Social Stories: <https://www.pbisworld.com/tier-2/social-stories/>
- Feeding/ Food Exploration: <https://family-medicine.ca/images/BusyBodies.pdf>
- Fine Motor Skills: <https://handsonaswegrow.com/cutting-activities-fine-motor/>

- Fluency: <https://westutter.org/support-nsa/101-things-to-do/>

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## TIPS FOR SUCCESS IN THE HOME<sup>1</sup> (MELINDA SMITH, M.A., JEANNE SEGAL, PH.D., AND TED HUTMAN, PH.D., 2019)

- Be consistent. “Creating consistency in your child’s environment is the best way to reinforce learning.”
- Stick to a schedule. “Children tend to do their best when they have a structured schedule.”
- Look for nonverbal cues. “If your child is nonverbal, pay attention to the kinds of sounds they make, their facial expressions, and the gestures they use when they’re tired, hungry, or want something.”
- Pay attention to your child’s sensory sensitivities. “Many children with ASD are hypersensitive to light, sound, touch, taste, and smell. Understand what affects your child. This will allow you to be better at troubleshooting problems, preventing situations that cause difficulties, and creating successful experiences.”
- Make time for fun. “Figure out ways to have fun together by thinking about the things that make your child smile, laugh, and come out of her/his shell. Play is an essential part of learning for all children and shouldn’t feel like work.”

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<sup>1</sup> Smith, M., Segal, J., & Hutman, T. (2019). Helping Your Child with Autism Thrive. Retrieved from <https://www.helpguide.org/articles/autism-learning-disabilities/helping-your-child-with-autism-thrive.htm>